



Team Aquatic Supplies BC Senior Championships UBC Aquatic Centre – March 12-13, 2010

SANCTIONED BY SWIM BC: #9011



DATE: March 12-13, 2010
HOSTED BY: UBC Dolphins

LOCATION: UBC Aquatic Centre
6121 University Blvd., Vancouver
Ph: (604) 822-8903

POOL SPECS: 8 Lane, 50 metre competition pool
Outdoor warm-up pool

Meet Manager: Margaret Durward
Meet Director: Janice Hanan
ubcdolphins@gmail.com 604-822-8903

Entries Director: Rob Traynor (ubcswimming@gmail.com)

WARM UP AND START TIMES:

Friday, March 12, 2010:

PRELIMS: Warm-Up: 7:00-8:15am
Start: 8:30am

FINALS: Warm-Up: 5:00-5:50pm
Start: 6:00pm

Saturday, March 13, 2010:

PRELIMS: Warm-Up: 7:00-8:15am
Start: 8:30am

FINALS: Warm-Up: 4:00-4:50pm
Start: 5:00pm

ELIGIBILITY:

- 1) All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club.
- 2) Ages are based on the age of the swimmer as of March 12, 2010
- 3) **Qualifying Times are the 2009-2010 Swim BC 15-year-old AAA(W) LONG COURSE standards.**
- 4) Qualifying times for the stroke 50s (Fly, Back, Breast) will be the 100m standard of that stroke; that is, a swimmer who qualifies to swim the 100 can enter that same stroke 50.
- 5) Please ensure all entries are LONG COURSE. Convert short course times by adding 2%.
- 6) Maximum of nine individual events per swimmer will be allowed.

NON-QUALIFIED SWIMS:

Entries not meeting the qualifying standard will be accepted under the following structure:

- ONE qualifying standard - FIVE free swims
- TWO qualifying standards – FOUR free swims
- THREE qualifying standards – THREE free swims
- etc.

Swimmers may choose any event for their free swim(s), **except the 800/1500 Freestyle events.**

ENTRY DEADLINE:

The entry deadline is **Tuesday, March 2, 2010.** Entries for new qualifiers and adjusted meet entry times will be accepted at no financial penalty until 9pm on Monday March 8, 2010.

SPECIAL MEET RULES:

- 1) This meet will follow SNC and Swim BC rules as outlined in the current SNC Rulebook and Swim BC Tech Guide, with the exceptions noted herein.
- 2) The 800 and 1500 Freestyle will be conducted as Timed Finals on Saturday. The Top 8 confirmed entries will swim as the first event in finals; the remaining heats will be swum after the "overflow" 400m events on Saturday.
- 3) **Each swimmer in the 800&1500 events MUST supply at least one timer for their swim.**
- 4) Stroke 50's (not including the 50 Free) will be timed finals as well, with all heats swum during morning sessions
- 5) For all other events, there shall be 3 finals ("A", "B" and "C").
 - i) "A" finals: 1st – 4th place heat swims
 - ii) "B" finals: 5th – 12th place heat swims
 - iii) "C" finals: 13th – 20th place heat swims
- 6) However, "C" finals will only be offered in 50-100-200 events where:
 - i) 24 or more swimmers entered at or faster than the qualifying standard and
 - ii) there were 24 or more completed swims
- 7) "C" finals will only be offered in 400m events where:
 - i) 40 or more swimmers entered at or faster than the qualifying standard and
 - ii) there were 40 or more completed swims
- 8) The order of the finals will be the "C" final, followed by the "B" final, followed by "A" final. "A", "B" and "C" Finalists must report to the marshalling area at the Clerk of Course 5 minutes prior to the "C" Final.
- 9) There will be a positive check-in for the 800m and 1500m Freestyles.
Deadline for checking in for 800 or 1500 events will be at 8:15am (end of prelims warm-ups) on Saturday, March 13, 2010.
Failure to show after this check-in will disqualify the athlete from the remainder of the meet. Coaches are reminded that they may be required to supply proof of time, especially in the events that are timed finals.
- 10) The fastest three heats in the 400 Free and 400 IM will be swum in the event order as presented. The slower heats of the 400 Free and 400 IM will be swum after the completion of the respective day's heats and prior to the 800 and 1500 Free.
- 11) The slower heats of the 400 Free and 400 IM will run fastest to slowest alternating women's / men's heats.
- 12) Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated towards team standings by the individual.
- 13) Except for backstroke, all swimmers will remain in the water until the next heat is started.
- 14) Fastest three heats will be circle seeded except for those events being swum as "timed finals".





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- 15) **Warm-up:** SNC's warm-up procedures will be in effect. No diving into pool until sprint lanes are announced approx. 30 minutes prior to the conclusion of warm-up.
- 16) A **coaches meeting** will be held 10 minutes prior to the start of the first day and as needed throughout the competition.
- 17) **CHANGES** - should it become necessary to change warm-up and or starting times, coaches will be notified as soon as possible.
- 18) Deck Entries will be accepted to fill empty lanes only at a cost of \$15.00/entry. All Deck entry requests must be submitted to the Meet Manager / Clerk of Course with payment for that deck entry.
Deck entries are not eligible for prize money or finals consideration – they are swims for time only.
- 19) **THERE WILL BE NO EXHIBITION SWIMS OR TIME TRIALS AT THIS CHAMPIONSHIPS EVENT.**

ENTRIES:

Entry fees are **\$8.00 per individual event** and a **\$4.00/swimmer** Provincial Team Splash fee (this applies to all Swim BC and 'out-of-province' athletes).

Entries must be submitted to the SNC meet website meetlist.notlong.com website.

Entries sent to the meet manager will not be accepted.

Cheques are to be made payable to **PDSA**.

SCORING & AWARDS:

Team Standings:

- Individual event scoring: 50-30-20-15-14-13-12-11-9-7-6-5.
- No points shall be awarded to disqualified competitors, or to competitors who fail to equal or better the meet qualifying time standard.

T.A.S. BC SENIOR CHAMPIONSHIPS PRIZE MONEY

At the 2010 T.A.S. BC Senior Championships, **\$5,250** in prize money will be awarded to the top FIVE (5) swimmers based on the aggregate FINA point score of a swimmer's two best events (heats and finals combined).

Point scores will be derived from the 2008-2012 FINA Points Chart.

Only Olympic Events will be considered.

- 1st - \$2500
- 2nd - \$1250
- 3rd - \$750
- 4th - \$500
- 5th - \$250

**Prize monies are only available to those swimmers who are registered with, and competing for, a Swim BC registered club.

BCAAP Recipients

All BCAAP recipients are required to attend **all** Senior Circuit meet(s), including BC Senior Champs unless a viable rationale is

presented in writing to, and approved by, the Swim BC Executive Director no later than one week prior to the entry due date.

PARA-SWIMMING

- 1) By the entry deadline, Para Swimmers must have attained the Para Swimming AAA qualifying time in a minimum of one event. <http://bit.ly/4Az8yP>
- 2) All Para Swimmers (S1-S13) must be licensed by IPC Swimming. Licensing and Classification information is available at <https://www.swimming.ca/ParaswimmingClassification>
- 3) All S14 Para Swimmers must have a National Classification prior to the first day of competition.
- 4) Para Swimming events are Open Age Group – no age restrictions.
- 5) All Para Swimmer entries must include the swimmers classification numbers (i.e. S4SB3SM5) in the LAST NAME field of the HyTek entry file
- 6) Dedicated Para Swimming events will be the 50 free, 100 free, 100 back, 100 breast, 100 fly and the 150 IM (S1 to S4)/200IM (S5 to S14).
- 7) Finals: Para Swimming events with FIVE or more splashes, will go to finals. Events with four or fewer swimmers will be swum as timed finals.
- 8) Scoring will be done using the IPC Performance Points scale for all multi-disability events.
- 9) Swimmers will compete in dedicated Para Swimming events. Swimmers may also enter the able bodied events, but coaches are asked limit entries to those events which correspond with their swimmers classification as per Swimming Canada events.

SCRATCHES – PLEASE READ CAREFULLY

- 1) There is no scratch penalty for no-shows, step downs and unexcused incomplete swims during prelims.
- 2) For all finals sessions, no-shows, step downs and unexcused incomplete swims will all be considered a late scratch.
- 3) The initial scratch deadline for finals each night will be 30 minutes following the completion of morning preliminaries, excluding any 800/1500 or "overflow" heats
- 4) The last scratch deadline for finals will be 30 minutes prior to the start of the finals session.
- 5) Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day. In addition, no other member of the offending swimmer's team shall compete in a final until the \$20 penalty has been paid.





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Friday, March 12, 2010		
Warm up:	HEATS:	FINALS:
Start:	7:00-8:15am	5:00-5:50pm
	8:30am	6:00pm

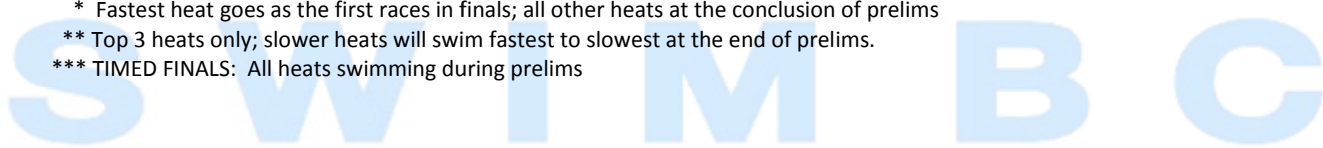
<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
1	400 FREE**	2
3	IPC 100 FLY	4
5	100 FLY	6
7	200 BREAST	8
9	IPC 100 FREE	10
11	100 FREE	12
13	200 BACK	14
15	IPC 150/200 IM	16
17	200 IM	18
19	50 Breast***	20
21	50 Back***	22

** Top 3 heats only; slower heats will swim fastest to slowest at the end of prelims, prior to the remaining 800 & 1500m Freestyle heats.
 ***TIMED FINALS: All heats swimming during prelims

Saturday, March 13, 2010		
Warm up:	HEATS:	FINALS:
Start:	7:00-8:15am	4:00-4:50pm
	8:30am	5:00pm

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
23	800 FREE/1500 FREE*	24
25	IPC 50 FREE	26
27	50 FREE	28
29	200 FLY	30
31	IPC 100 BREAST	32
33	100 BREAST	34
35	200 FREE	36
37	IPC 100 BACK	38
39	100 BACK	40
41	400 IM**	42
43	50 FLY***	44

* Fastest heat goes as the first races in finals; all other heats at the conclusion of prelims
 ** Top 3 heats only; slower heats will swim fastest to slowest at the end of prelims.
 *** TIMED FINALS: All heats swimming during prelims





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2010 BC SENIOR CHAMPIONSHIPS - LONG COURSE STANDARDS

<u>WOMEN</u>	<u>EVENT</u>	<u>MEN</u>
29.58	50 Free	27.17
1:04.27	100 Free	59.38
2:18.85	200 Free	2:10.67
4:53.96	400 Free	4:43.59
10:15.36	800/1500 Free	19:14.02
1:13.16	50 Back*	1:08.93
1:13.16	100 Back	1:08.93
2:36.73	200 Back	2:29.27
1:24.80	50 Breast*	1:19.48
1:24.80	100 Breast	1:19.48
3:02.28	200 Breast	2:54.16
1:12.81	50 Fly*	1:07.36
1:12.81	100 Fly	1:07.36
2:45.56	200 Fly	2:35.04
2:36.57	200 IM	2:29.00
5:38.14	400 IM	5:26.19

**Swimmers with the qualifying time in the 100m stroke (non-freestyle) event will be qualified to swim the 50m event of that stroke.*

Hotel Information



Sandman Hotel Richmond

All stays are eligible for the Sandman / Swim BC Rebate Program:

5% of hotel bill back to **your** club.

Call 1-800-SANDMAN TODAY!

Please quote Swim BC when calling.

SWIM BC IS PROUD TO BE ASSOCIATED WITH ALL OF OUR SPONSORS – PLEASE SUPPORT THEM.



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www.team-aquatic.com

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